

Social and Emotional Health Subcommittee
Meeting Notes
Wednesday-January 6, 2010
1:00-3:00 CERC-Lake Orion

In Attendance: Karen Anthony, Oakland Schools; Jennifer O’Conner, Oakland Schools; Lisa Hahn, Oakland County; Marina Pessler, Lifestart Counseling; Denise Arbaugh, Easter Seals; Pam Pitlanish, Macomb County CMH; Susan Bartley, Lake Orion Head Start; Donna Lackie, Oakland Schools

We welcomed two new members to the group. Marina Pessler from Lifestart Counseling comes to us with a strong background in post partum depression work. Pam Pitlanish is the coordinator for the Child Care Enhancement Program for the Oakland Macomb Region.

Task Force Group Updates: Updates were provided for each task force group and next steps were discussed.

Professional Development and Parent Support: Lisa and Jen reported on their initial plans to create videos of programs in Oakland County which reflect best practices utilizing the Second Step Framework with (1) empathy, (2) emotion management and (3) problem solving. The group discussed diversity in the county and how to assure that this diversity is shown in the videos created. The group also discussed where other videos can be found (CSEFL and challengingbehaviors.org were examples). Lisa suggested that we could use Google Analytics to see which videos/topics were of most interest to individuals.

Social Emotional Training/Education Opportunities: For this goal, the group would like to build a list of trainings that are available. At this meeting, we began to build a list of where the trainings might be listed. This list includes Mi-AIMH, MSCE, and University of Michigan. We also began to discuss a dissemination plan. Discussions focused on a webpage. Lisa suggested that we could use Google Analytics to see which trainings/topics were of most interest to individuals. We also discussed using Facebook as a dissemination tool for specific trainings.

Post Partum Depression: Marina provided us a background on the work that Beaumont Hospitals and Tree of Hope are doing with their support groups. We also shared a brochure from her website and discussed the many great resources that are available there (www.lifestartcounseling.com). Marina discussed a list that is being updated by Beaumont currently that includes physicians that are considered to be “experts” in helping with post partum depression. She will share this list when it is complete. The group discussed the importance of connecting to residents as well as other physicians so that when someone that needs help is identified they know what to do or who to refer to. The next meeting of the Post Partum Adjustment Committee will be meeting on Tuesday, February 9th. We will be sure to have Great Start representation at this meeting.

Social Emotional Developmental Screenings: Donna and Lisa shared information on the work that Early On is currently looking into using ASQ as well as ongoing physician outreach work. As both of these projects move forward, we will keep this group informed on next steps for our subcommittee.

Subcommittee Considerations:

Implementation Funds: Donna and Lisa reviewed the implementation funds application and which projects from our subcommittee might possibly be funded. We have not yet received word on the status of the application but will let the subcommittee know as soon as we do.

CCEP Changes: Jen, Karen and Pam shared information about the changes to CCEP work throughout Michigan and the differences between the regional CCEP program and Project STAR in Oakland County. The group discussed ways in which to get the word out about the new CCEP through the Oakland-Macomb region.

Next Steps:

Meeting Structure: The subcommittee will meet every other month so that all subcommittee members can “stay informed” on the work that is being done by the task force groups. The bi-monthly meeting will also be a time to be updated on other statewide and county wide work regarding social-emotional issues. Task force groups have been formed and meet based on project needs. Subcommittee members can sign up for task force groups based on the level of involvement they would like to have. Levels of involvement include (1) those that would like to carry out the work and (2) those that would like to be consulted about the work. Identified task force groups include (a) professional development/training/parent support; (b) post partum depression; (c) social emotional screenings; and (d) Project STAR/CCEP.

Announcements:

OLHSA received Early Head Start Funding-congratulations!! These funds were made available under the American Recovery and Reinvestment Act. Early Head Start will serve 127 infants/toddlers/pregnant women. Partnering with OLHSA are Healthy Start/Healthy Families servicing 97 home based children; Lake Orion with 12 center based children and Oxford with 8 center based and 10 home based children. Services will start up March 1, 2010.

Easter Seals has moved to a new address, 2387 E. Walton Blvd. Auburn Hills, MI 48326.

Our next meeting will be March 3, 2010 at Easter Seals new location.