

Social and Emotional Health Subcommittee
Meeting Notes
Wednesday-March 3, 2010
1:00-3:00 Easter Seals

In Attendance: Karen Anthony, Oakland Schools; Jennifer O’Conner, Oakland Schools; Bonnie Daligga, Consultant; Nancy Kirsh, Beaumont Hospitals (plus student intern); Margo Clarfelt, Youth Assistance; Amy Heincelman, OCCMHA; Lisa Hahn, Oakland County Health Department; Marina Pessler, Lifestart Counseling; Denise Arbaugh, Easter Seals; Pam Pitlanish, Macomb County CMH; Donna Lackie, Oakland Schools

Task Force Group Updates: Updates were provided for each task force group and next steps were discussed.

Professional Development and Parent Support: Jen provided an update on the work she has done to create videos of programs in Oakland County which reflect best practices utilizing the Second Step Framework with (1) empathy, (2) emotion management and (3) problem solving. She has begun playing around with taping and has gotten consent forms from a couple of schools. Jen’s goal for the next meeting is to have clips to share. Lisa’s goal is to play around with the editing and posting features. Donna suggested that we could add a voice over on the tape to give an introduction to scenario of the video and possibly things to look for.

Social Emotional Training/Education Opportunities: For this goal, the group would like to build a list of trainings that are available. At our last meeting, we began to build a list of where the trainings might be listed. This list includes Mi-AIMH, MSCE, and University of Michigan. At this meeting Lisa told the group she would like to make this a half page flyer however questioned whether this would mainly focus on early care and ed professionals, infant mental health professionals, social workers, etc. The group suggested that it should be for all professionals (maybe with headings) as well as some information for parents on where they might find training on their child’s social emotional development. Lisa will get a sample flyer out within a couple of weeks.

Post Partum Depression: Lisa brought in a draft of the resource guide for professionals that Beaumont Hospitals puts together. The group reviewed this draft and provided feedback on one document which Nancy Kirsh was able to take with her. However, if anyone knows of other psychiatrists that specialize in PPD, send that information through Lisa to Kelly at Beaumont. Marina and Nancy provided a little bit of background on how someone is included in this resource guide. They are screened by the coordinator, must show proof of training and they must sign a letter of commitment that they will see the patient right away if contacted. Once completed, this document will be shared with physicians. Lisa also shared a brochure from Tree of Hope. This brochure was really meant as an outreach to the family or friends of a mother suffering from ppd. The group agreed that the brochure as is would probably not get picked up by someone (has a picture of a happy mom). However, the group did like much of the information provided including the list of support groups, meeting dates and times. Lisa

suggested that we could turn this into a bookmark that we could provide for pediatricians and obs. Marina provided Lisa with a contact person at Tree of Hope to contact. In addition, Marina provided us with background on the brochure the Beaumont uses. This is directed toward mothers before they leave the hospital and includes a modified Edinburgh which allows them to place them in a risk group (low, medium or high). High risk mother's results are forwarded to the ob doctor and they are visited by a professional from Beaumont. Lisa will work with Darlene and Beaumont to get a copy of this brochure for our next meeting. Darlene will continue to attend the PPA meetings held at Beaumont.

Social Emotional Developmental Screenings: Donna and Lisa said that there are no further updates on the work that Early On is currently looking into using ASQ. However, Lisa did mention that we did find out that the ASQ-SE is not yet available with the package we are purchasing. The group agreed that for now that is fine. The ASQ does have a small piece on SE and we can monitor those as data is collected. In addition the group suggested another baby step might be to create a ½ page flyer that promotes routine SE screenings that can be included in our physician outreach packets.

Subcommittee Considerations:

Implementation Funds: No Updates

CCEP Changes: Jen, Karen and Pam shared information about the changes to CCEP work. Jen and Karen are very busy helping children, families and schools. This has made it more difficult to reach out to Medicaid providers, one of their goals with the grant they have received. The group brainstormed ways to reach them while still being able to provide services. Thoughts included our physician outreach work as well as the regional resource centers/early learning hubs.

Pam said they were still having trouble accessing clients and referrals. The group discussed ways in which to get the word out about the new CCEP through the Oakland-Macomb region. We also talked about the early learning hubs-Lisa will forward their information to Pam. In addition, Lisa will add their information to the resources section of our website. Lisa also will forward information about the regional resource center update meeting to be held 3/23 from 10-12.

Next Steps:

As Lisa emails suggestions on a flyer for SE trainings and sample bookmark for PPA support groups, the group will provide email feedback.

Announcements:

Easter Seals has moved to a new address, 2387 E. Walton Blvd. Auburn Hills, MI 48326.

Our next meeting will be May 5, 2010 at Easter Seals new location.